

FMQ Foundations Class – Taught by Heidi Dewey

Country Piecemakers Quilt Guild – August program

Supply List:

- Plain paper and pen or pencil for doodling
- Sewing machine in good working order with instruction manual and accessories, and Extension table if you have one
- MUST have free motion foot, MUST be able to drop feed dogs
- Sewing machine needles: Any size between 75/11 to 90/14 Quilting needles and/or Embroidery needles (bring both to try, if you wish)
- One or two quilt sandwiches consisting of approx. 18 in fabric squares for top and bottom (fat quarters are fine) and Quilters' Dream Cotton or Poly batting in "Select" weight. I recommend solid white, black or muslin fabrics, and you can use white on top and black on the bottom, if you wish. You'll want to SEE your stitching, even though it won't all be pretty - these are PRACTICE! Use basting spray at home to prepare your sandwich: **Outdoors or in a well ventilated space**, spray the back of one fabric, smooth the batting onto it, spray the back of another fabric, then smooth it on top of the batting. Your basting is done! If you prefer to use safety pins, please use as few as possible because they get in the way.
- Good quality threads in solid colors that will contrast with your fabric. If you don't have much experience with free motion quilting, plan to use King Tut or Konfetti thread for most of the class. If you want to experiment, bring a spool each of King Tut, Invisafil, Mettler Silk Finish or Konfetti. If in doubt about thread weight, a good rule of thumb is 40wt. cotton or polyester for top, and 50wt. 2-ply for bobbin. Don't forget to wind plenty of bobbins - they do not have to match top thread color.
- Temporary marking tools - blue water-erasable pen, white chalk pencil, fine-line graphite mechanical pencil, Frixion pen (whichever you have)
- Ruler for dividing quilt sandwiches into sections (optional)
- Small sewing scissors or snips
- Quilting gloves (and any other free motion aids) if you have them